



Diagnosis of TCM 2 – DIAG R BISHAY

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Identification of Patterns According to the Eight Principles, 12 Channels and Five Elements

- **Identification of Patterns According to the Five Elements**



Five Elements

- Wood 
- Fire 
- Earth 
- Metal 
- Water 
 - Generating Sequence Patterns
 - Overacting Sequence Patterns
 - Insulting Sequence Patterns



Five Elements

- Five Element patterns are not of primary importance in practice as most of them describe clinical conditions which are better expressed by the Internal Organ patterns
- In certain cases, some Five Element patterns can describe conditions which fall outside the scope of the Internal Organ patterns
 - Example: Deficiency Qi of Wood → timidity and indecision



Generating Sequence Patterns

- Describe conditions of deficiency of each organs when this is induced by its Mother Element
 - Wood not generating Fire
 - Fire not generating Earth
 - Earth not generating Metal
 - Metal not generating Water
 - Water not generating Wood

Generating Sequence Patterns:

Wood not generating Fire



- This pattern is described as a pattern of deficient Gall–Bladder and is associated with Liver–Qi deficiency
- It is an unusual pattern.
 - In the Theory of Internal Organs, Liver–Qi or the Gall–Bladder can hardly ever be deficient
- More than a pattern, it really describes a certain character and personality
- Clinical manifestations:
 - Timidity, a lack of courage, indecision, palpitations and insomnia (in particular, waking up in the early hours of the morning)

Generating Sequence Patterns:

Fire not generating Earth



- This pattern is described as a pattern of Spleen–Yang deficiency due to failure of Fire in providing Heat to the Spleen to transform and transport
- However
 - According to the theory of the Internal Organs, the Spleen derives the warmth necessary to its functions not from the Heart, but from Kidney–Yang
- Clinical manifestations:
 - Loose stools, chilliness and weakness of the limbs



Generating Sequence Patterns:

Earth not generating Metal

- This pattern is described the situation when a Spleen deficiency (causing the tiredness) leads to the formation of Phlegm, which obstructs the Lungs
- Clinical manifestations:
 - Phlegm in the chests, cough and tiredness



Generating Sequence Patterns: Metal not generating Water

- This pattern corresponds to the Internal Organ pattern of Kidneys not receiving Qi
- Clinical manifestations:
 - Cough, breathlessness, loss of voice and asthma

Generating Sequence Patterns: Water not generating Wood



- This pattern is the same as the Internal Organ pattern of Kidney and Liver Yin deficiency
- Clinical manifestations:
 - Dizziness, blurred vision, headaches and vertigo



Overacting Sequence Patterns

- Wood overacting on Earth
 - Fire overacting on Metal
 - Earth overacting on Water
 - Metal overacting on Wood
 - Water overacting on Fire
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- When the clinical manifestations pertain to one Element and the face color pertains to the Element which overacts on it, the face color usually shows the origin of the disharmony.

Overacting Sequence Patterns:

Wood overacting on Earth



- This pattern of Wood overacting on Earth is very common and it is exactly the same as the pattern of Liver invading the Spleen or Stomach
- Clinical manifestations:
 - Hypochondrial and epigastric pain, a feeling of distension, irritability, loose stools, poor appetite and a greenish face
 - loose stools and poor appetite are symptoms of Earth (Spleen)
 - the face is greenish: this indicates that the root of the problem is in Wood



Overacting Sequence Patterns:

Earth overacting on Water

- This pattern occurs when a deficient Spleen fails to transform and transport fluids, which accumulate and obstruct the Kidney's function of transformation and excretion of fluids
- Clinical manifestations:
 - Edema, difficult urination and a yellow face
 - Edema and difficult urination are symptoms of Water (Kidneys)
 - the face is yellow: this indicates that the root of the problem is in Earth



Overacting Sequence Patterns: Water overacting on **Fire**

- There is no such pattern as the Kidneys cannot be in Excess

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Overacting Sequence Patterns:

Fire overacting on Metal

- This pattern corresponds to Full-Heat in the Lungs
- Clinical manifestations:
 - Cough with profuse yellow sputum, a feeling of heat and a red face
 - Cough with profuse yellow sputum are symptoms of Metal (Lungs)
 - the face is red: this indicates that the root of the problem is in Fire



Overacting Sequence Patterns:

Metal overacting on Wood

- Clinical manifestations:
 - Tiredness, irritability, a feeling of distension and a white face
 - Tiredness, irritability, a feeling of distension are symptoms of Wood (Liver)
 - the face is white: this indicates that the root of the problem is in Metal



Insulting Sequence Patterns:

Wood insulting Metal

- The Liver channel influences the chest and stagnant Liver–Qi or Liver–Fire can obstruct the chest and prevent the Lung–Qi from descending
- Clinical manifestations:
 - Cough, asthma and a feeling of distension of chest and hypochondrium



Insulting Sequence Patterns: Metal insulting **Fire**

- This pattern basically describes a condition of both Lung– and Heart– Qi deficiency
- Clinical manifestations:
 - Palpitation, insomnia and breathlessness



Insulting Sequence Patterns:

Fire insulting Water

- This pattern is identical to the Internal Organ pattern of 'Kidney and Heart not harmonized', that is, Kidney–Yin deficiency giving rise to Heart Empty–Heat
- Clinical manifestations:
 - Malar flush, dry mouth at night, insomnia, dizziness, lower backache and night sweating



Insulting Sequence Patterns: Water insulting Earth

- This pattern corresponds to Spleen– and Kidney–Yang deficiency
- Clinical manifestations:
 - Loose stools, oedema, tiredness and weakness of the limbs



Insulting Sequence Patterns:

Earth insulting Wood

- This pattern is caused by a failure of the Spleen in transforming fluids leading to Dampness. Dampness accumulates and obstructs the smooth flow of Liver–Qi, impeding the free flow of bile
- Clinical manifestations:
 - Jaundice, hypochondrial pain and distension