

Diagnosis of TCM 2 – DIAG - R BISHAY

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Identification of Patterns According to Pathogenic Factors, Four Levels, Six Stages and Three Burners

- **Identification of Patterns
According to Three Burners**

Upper Burner

Wind-Heat in the Lung

Defensive-Qi portion

- **Clinical manifestations:** Fever, shivers, aversion to cold, headache, sore throat, slight sweating, runny nose with yellow discharge, swollen tonsils, body aches, slight thirst
- **Tongue:** Red in the front or sides with a thin white coating
- **Pulse:** Floating-Rapid
- **Acupuncture:** Li4, Li11, Tb5, Du14, BL12 (with cupping), Lu11
- **Prescription:** Yin Qiao San *Honeysuckle and Forsythia Powder*, Sang Ju Yin *Mulberry Leaf and Chrysanthemum Decoction*

Upper Burner

Heat in the Lungs (Qi level)

- **Clinical manifestations:** Fever, sweating, cough, breathlessness, thirst, a feeling of oppression and pain in the chest
- **Tongue:** Red with yellow coating
- **Pulse:** Rapid-Overflowing
- **Acupuncture:** Lu5, Lu10, Lu1, Li11, BL13
- **Prescription:** Ma Xin Shi Gan Tang *Ephedra-Prunus-Gypsum-Glycyrrhiza Decoction*, Wu Hu Tang *Five Tigers Decoction*, Xie Bai San *Expelling Whiteness Powder*, Qing Qi Hua Tan Tang (if there is also Phlegm) *Clearing Qi-Resolving Phlegm Decoction*

Upper Burner

Heat in the Pericardium

(Nutritive-Qi level)

- ***Clinical manifestations:*** High fever at night, a burning sensation in the epigastrium, cold limbs, delirium, aphasia
- ***Tongue:*** Deep-Red and Stiff body without coating
- ***Pulse:*** Fine and Rapid
- ***Acupuncture:*** P9, P3, Li11
- ***Prescription:*** Qing Ying Tang *Clearing Nutritive-Qi Decoction*

Middle Burner

Heat in Bright Yang

- ***Clinical manifestations:*** High fever that is worse in the afternoon, no aversion to cold, a feeling of heat, intense thirst, profuse sweating
- ***Tongue:*** Red with yellow coating
- ***Pulse:*** Overflowing-Rapid
- ***Acupuncture:*** St44, St34, St21, St43, Li11, St25
- ***Prescription:*** Bai Hu Tang *White Tiger Decoction*

Middle Burner

Damp-Heat in the Spleen

- ***Clinical manifestations:*** Fever, epigastric fullness, a feeling of heaviness of the body and head, nausea, vomiting
- ***Tongue:*** Red with sticky yellow coating
- ***Pulse:*** Soggy and Rapid
- ***Acupuncture:*** Sp9, Sp6, Ren12, Ren9, BL22
- ***Prescription:*** Lian Po Yin *Coptis-Magnolia Decoction*

Lower Burner

Heat in the Kidneys

- ***Clinical manifestations:*** Fever in the afternoon and evening, five-palm heat, dry mouth and throat, night sweating, deafness, lassitude
- ***Tongue:*** Deep-Red without coating
- ***Pulse:*** Floating-Empty and Rapid
- ***Acupuncture:*** Ki3, Ki6, Sp6, Ki2, Li11
- ***Prescription:*** Xi Jiao Di Huang Tang
Cornu Rhinoceri-Rehmannia Decoction

Lower Burner

Liver-Heat stirs Wind

- ***Clinical manifestations:*** High fever at night, convulsions, clenched teeth
- ***Tongue:*** Deep-Red without coating
- ***Pulse:*** Wiry-Fine-Rapid
- ***Acupuncture:*** Lv3, Lv2, Gb20, Du16, Si3, BL62
- ***Prescription:*** Ling Jiao Gou Teng Tang
Cornu Antelopis-Uncaria Decoction

Lower Burner

Liver Empty-Wind

- **Clinical manifestations:** Low-grade fever, cold limbs, dry and black teeth, dry and cracked lips, convulsions, tremor of the limbs
- **Tongue:** Deep-Red without coating
- **Pulse:** Deep-Fine-Rapid
- **Acupuncture:** Lv3, Lv2, Gb20, Du16, Si3, BL62, Ki3, Ki6, Sp6
- **Prescription:** Zhen Gan Xi Feng Tang *Pacifying the Liver and Extinguishing Wind Decoction*, San Jia Fu Mai Tang *Three Carapaces Restoring the Pulse Decoction*, Dan Ding Feng Zhu *Big Stopping Wind Pearl*