DIAGNOSIS OF TCM 2 – DIAG R BISHAY

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Identification of Patterns according to: Qi, Blood and Body Fluids

- **Identification of Patterns according to Qi, Blood, Yang and Yin**
  - **Qi (P.929)**

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Qi Deficiency

- ***Clinical manifestations***: Slight shortness of breath, weak voice, spontaneous sweating, poor appetite, loose stools, tiredness, pale complexion, dislike of speaking
- ***Pulse***: Empty

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Qi Sinking

- ***Clinical manifestations***: Breathlessness, weak voice, spontaneous sweating, poor appetite, loose stools, tiredness, pale complexion, dislike of speaking, a feeling of bearing down, prolapse of organs (stomach, uterus, anus, bladder), listlessness, chronic diarrhea, chronic excessive vaginal discharge, mental depression
- ***Pulse***: Empty

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Collapse of Qi

- ***Clinical manifestations***: Sudden profuse sweating, mental confusion or unconsciousness, open eyes and hands, bright-white complexion, shortness of breath, incontinence of urine and feces
- ***Pulse***: Minute

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Qi Stagnation

- ***Clinical manifestations***: A feeling of distension of chest, epigastrium or abdomen, distending pain that moves from place to place, abdominal masses that appear and disappear, abdominal distension and pain which is not relieved by a bowel movement, premenstrual tension, breast distension, irregular periods, painful periods, mental depression, irritability, headache, constipation with bitty stools, a gloomy feeling, mood swings, frequent sighing
- ***Tongue***: In most cases, the tongue-body color does not change but it will be slightly Red on the sides in severe cases of Qi stagnation
- ***Pulse***: Wiry

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Rebellious Qi

- ***The clinical manifestations of rebellious Qi depend on the organ involved***
- ***Clinical manifestations***:
  - Stomach-Qi rebelling upwards
    - Belching, hiccup, nausea, vomiting, sour regurgitation
  - Liver-Qi rebelling towards Stomach
    - Belching, sour regurgitation, nausea, vomiting
  - Liver-Qi rebelling towards Spleen
    - Diarrhea, alternation of diarrhea and constipation
  - Liver-Qi rebelling upwards
    - Headache, dizziness irritability, epistaxis
  - Lung-Qi rebelling upwards
    - Cough, breathlessness, asthma
  - Heart-Qi rebelling upwards
    - Nausea, insomnia, mental restlessness
  - Kidney-Qi rebelling upwards
    - Breathlessness, a feeling of energy rising from the lower abdomen to the chest and throat, a feeling of tightness of the chest, a feeling of heat in the face, cold feet.
    - *This is equivalent to the Qi of the Penetrating Vessel rebelling upwards*

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Qi Obstructed

- *Qi obstructed occurs when internal pathogenic factors completely disrupt the proper flow of Qi and the balance of Yin and Yang, obstructing the orifices; this is a Full pattern seen only in acute cases, often with Phlegm, Fire, Wind and Blood stasis. The acute stage of Wind-Stroke is an example of this condition*
- ***Clinical manifestations***: Sudden unconsciousness or intense, constant restlessness, red face, tinnitus, rattling sound in the throat, clenched teeth, clenched fists, constipation, retention of urine
- ***Tongue***: Stiff and Deviated
- ***Pulse***: Wiry

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Identification of Patterns according to Qi, Blood and Body Fluids

- **Identification of Patterns according to Qi, Blood, Yang and Yin**
  - **Blood (P.930)**

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Blood Deficiency

- ***Clinical manifestations***: Dull complexion, dizziness, numbness tingling of the limbs, poor memory, blurred vision, insomnia, pale lips, dry eyes, white nails, floaters, palpitations, scanty periods, amenorrhea, infertility
- ***Tongue***: Pale and Thin
- ***Pulse***: Choppy or Fine

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Blood Stasis

- ***Clinical manifestations***: Dark complexion, purple lips, pain which is boring, fixed and stabbing in character and may be aggravated at night, abdominal masses that do not move, purple nails, purple petechiae, **purple venules**, bleeding with dark blood and dark clots
- ***Tongue***: **Purple**
- ***Pulse***: Wiry, Firm or Choppy

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Blood Stasis - Liver

- ***Clinical manifestations***: Purple nails, dark face, painful periods with dark menstrual blood containing dark clots, abdominal pain, premenstrual pain, irregular periods, infertility
- ***Tongue***: Purple especially on the sides
- ***Pulse***: Wiry or Firm

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Blood Stasis - Heart

- ***Clinical manifestations***: Purple lips, stabbing or pricking pain in the chest, palpitations, mental restlessness, in severe cases psychosis
- ***Tongue***: Purple on the sides towards the front, purple and distended veins under the tongue
- ***Pulse***: Choppy or Knotted

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Blood Stasis - Lungs

- ***Clinical manifestations***: A feeling of oppression of the chest, chest pain, coughing of dark blood
- ***Tongue***: Purple in the front part or the sides in the center section, purple and distended veins under the tongue

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Blood Stasis - Stomach

- ***Clinical manifestations***: Epigastric pain, vomiting of dark blood, dark blood in the stools
- ***Tongue***: Purple in the center

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Blood Stasis - Intestines

- ***Clinical manifestations***: Severe abdominal pain, dark blood in the stools

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BLOOD STASIS - UTERUS

- ***Clinical manifestations***: Painful periods with *severe stabbing pain that is usually unilateral*, premenstrual pain, irregular periods, heavy periods, menstrual blood dark with clots, amenorrhea, abdominal masses, infertility
- ***Tongue***: Purple

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Blood Stasis - Limbs

- ***Clinical manifestations***: Swelling and pain of the limbs, purple extremities, purple nails, stiffness of the limbs

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Blood Heat

- ***Clinical manifestations***: A feeling of heat, skin diseases with red eruptions but not MACULES, dry mouth, bleeding
- ***Tongue***: Red
- ***Pulse*** : Rapid

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BLOOD HEAT - HEART

- ***Clinical manifestations***: Red face, thirst, mental restlessness, insomnia, in severe cases manic behavior, a feeling of heat, palpitations, blood in the urine (STIRRING OF BLOOD),(insulting the grandpa), heavy periods
- ***Tongue***: Red
- ***Pulse*** : Rapid-Full

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Blood Heat - Liver

- ***Clinical manifestations***: A feeling of heat, thirst, red skin eruptions, irritability, propensity to outbursts of anger, epistaxis (STIRRING OF BLOOD), (insulting the grandpa), , red eyes, bitter taste, heavy periods
- ***Tongue***: Red
- ***Pulse*** : Rapid-Wiry

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BLOOD HEAT - STOMACH

- ***Clinical manifestations***: A feeling of heat, thirst, bleeding gums, vomiting of blood (STIRRING OF BLOOD), epigastric pain
- ***Tongue***: Red
- ***Pulse*** : Rapid-Overflowing

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BLOOD-DRYNESS

- ***Blood-Dryness occurs in conjunction with Blood deficiency and it is an extreme case of it***
- ***Clinical manifestations***: Dull complexion, dizziness, numbness/tingling of the limbs, poor memory, blurred vision, insomnia, pale lips, dry eyes, white nails, 'floaters', palpitations, scanty periods with dry menstrual blood, amenorrhea, irregular periods, dryness of vagina, infertility , dry mouth and throat, dry skin and hair, dry withered nails, thin body, dry stools, scanty urination, itching of the skin, very dry and scaly skin
- ***Tongue***: Pale, Thin and Dry
- ***Pulse*** : Choppy or Fine

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Blood-Cold

- ***Clinical manifestations***: A feeling of cold, cold hands and feet, numbness of the limbs, dry skin, a feeling of cold and pain of the chest, epigastrium or abdomen, abdominal pain that is relieved by the application of heat, a feeling of cold during the periods, scanty periods, **delayed cycle**, menstrual blood bright red with small dark clots
- ***Tongue***: Pale or Bluish-Purple
- ***Pulse*** : Choppy

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Loss of Blood

- ***Clinical manifestations***: Nosebleed, vomiting of blood, coughing of blood, blood in the stools, heavy periods, with flooding and tricking, blood in the urine

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Collapse of Blood

- *Collapse of Blood occurs with an acute, profuse, sudden hemorrhage*
- ***Clinical manifestations***: Sudden, profuse hemorrhage, bright-white face, sudden loss of luster and moisture of the face, dizziness, blurred vision, 'floaters', palpitations, shortness of breath, cold hands and feet, pale lips, in severe cases unconsciousness
- ***Tongue***: Pale
- ***Pulse*** : Minute or Hollow

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