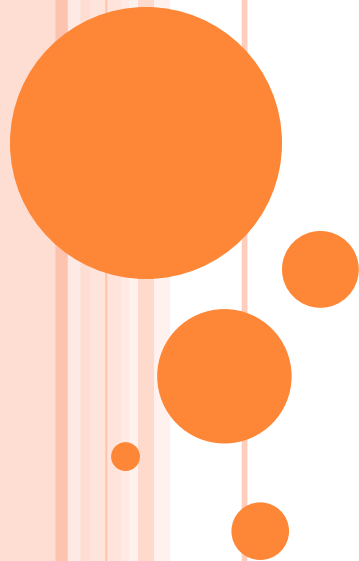




DIAGNOSIS OF TCM 2 – DIAG R BISHAY

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IDENTIFICATION OF PATTERNS ACCORDING TO QI, BLOOD AND BODY FLUIDS

- Identification of Patterns according to Qi, Blood, Yang and Yin

● *Yin*



YIN DEFICIENCY

- ***Clinical manifestations:*** Dry mouth, dry throat at night, night sweating, dizziness, tinnitus, tiredness, thin body, insomnia
- ***Tongue:*** Without coating
- ***Pulse:*** Fine or Floating-Empty



YIN DEFICIENCY WITH EMPTY-HEAT

- ***Clinical manifestations:*** Dry mouth, dry throat at night, night sweating, dizziness, tinnitus, tiredness, thin body, insomnia, five-palm heat, a feeling of heat in the evening, scanty dark urine, dry stools
- ***Tongue:*** Red without coating
- ***Pulse:*** Fine-Rapid or Floating-Empty



COLLAPSE OF YIN

- ***Clinical manifestations:*** Abundant perspiration, skin hot to the touch, hot limbs, dry mouth, retention of urine, constipation
- ***Sweat: profuse and continuous***
- ***Tongue:*** Red, Short without coating
- ***Pulse:*** Floating-Empty-Rapid



TURBID YIN NOT DESCENDING

- ***Clinical manifestations:*** A feeling of distension and oppression of the epigastrium, poor appetite, loose stools or constipation, scanty urine, urine retention, a feeling of the body, lethargy, oedema of the ankles
- ***Tongue:*** Sticky coating
- ***Pulse:*** Soggy



IDENTIFICATION OF PATTERNS ACCORDING TO QI, BLOOD AND BODY FLUIDS

- Identification of Patterns according to Qi, Blood, Yang and Yin
 - *Yang*



YANG DEFICIENCY

- ***Clinical manifestations:*** Shortness of breath, weak voice, spontaneous sweating, poor appetite, loose stools, tiredness, bright-pale complexion, dislike of speaking, a feeling of cold, cold limbs, absence of thirst, desire for hot drinks, frequent pale urination
- ***Tongue:*** Pale
- ***Pulse:*** Deep-Weak



COLLAPSE OF YANG

- ***Clinical manifestations:*** Chilliness, cold limbs, weak breathing, absence of thirst, profuse pale urination or incontinence of urine, loose stools, incontinence of feces, mental confusion or unconsciousness with fixed dilated pupil.
- ***Sweat: profuse sweating with sweat oily like pearls***
- ***Tongue:*** Pale-Wet-Short
- ***Pulse:*** Deep-Minute.



CLEAR YANG NOT ASCENDING

- ***Clinical manifestations:*** Dizziness, blurred vision, tinnitus, a feeling of cold, cold limbs, tiredness, weak muscles, poor appetite, loose stools
- ***Tongue:*** Pale
- ***Pulse:*** Weak
- In this case, the dizziness and blurred vision are not due to Blood deficiency but instead to the deficient clear Qi not ascending and therefore not brightening the orifices. For the same reason, in this case tinnitus is not due to a Kidney deficiency but rather to a failure of clear Qi to ascend and brighten the ear orifices



IDENTIFICATION OF PATTERNS ACCORDING TO QI, BLOOD AND BODY FLUIDS

- Identification of Patterns according to Qi, Blood, Yang and Yin
 - *Combined Qi, Blood, Yin and Yang*



YIN AND YANG BOTH DEFICIENCY

- ***Clinical manifestations:*** Thin body, depression, shortness of breath, dislike of speaking, tiredness, cold limbs, a feeling of cold, sweating and a feeling of heat on slight exertion, palpitations, blurred vision, dizziness, tinnitus
- ***Tongue:*** Either Pale or Red
- ***Pulse:*** Fine or Weak



QI AND BLOOD BOTH DEFICIENCY

- ***Clinical manifestations:*** Tiredness, loose stools, poor appetite, weak muscles, weak voice, dislike of speaking, spontaneous sweating, palpitations, blurred vision, dizziness, shortness of breath, dull-pale complexion, numbness/tingling of the limbs, scanty periods, late periods, heavy periods
- ***Tongue:*** Pale
- ***Pulse:*** Weak or Choppy



QI AND YIN BOTH DEFICIENCY

- ***Clinical manifestations:*** Tiredness, loose stools, poor appetite, weak muscles, weak voice, dislike of speaking, spontaneous sweating, shortness of breath, dry throat, dry mouth, dry cough, dry eyes, a feeling of heat in the afternoon
- ***Tongue:*** Without coating
- ***Pulse:*** Fine



IDENTIFICATION OF PATTERN ACCORDING TO QI, BLOOD AND BODY FLUIDS

- **Identification of Patterns According to Body Fluids**



DEFICIENCY OF BODY FLUIDS

- ***Clinical manifestations:*** Dry skin, mouth, nose, lips, throat, eyes, cracked lips, dry cough, hoarse voice, absence of sweating, scanty urination, dry stools, scanty periods
- ***Tongue:*** Dry
- **Lungs:** Dry throat, dry cough, dry skin
- **Stomach:** Dry mouth, thirst with a desire to sip liquids. Dry tongue
- **Kidneys:** Dry throat, dry skin, scanty urination
- **Large Intestine:** Dry stools
- **Liver:** Dry eyes, dry skin, scanty periods



EDEMA

- ***Clinical manifestations:*** Pitting edema of the face, hands, abdomen, ankles, or legs, a feeling of oppression of the chest, a feeling of heaviness of the body, scanty urination
- ***Tongue:*** Swollen

R. Bishay



PHLEGM

1. WIND-PHLEGM

- ***Clinical manifestations:*** Severe dizziness, nausea, vomiting, numbness of the limbs, coughing of phlegm, a feeling of oppression of the chest, blurred vision, a rattling sound in the throat, slurred speech
- ***Tongue:*** Swollen with sticky coating
- ***Pulse:*** Wiry-Slippery
- In cases of Wind-stroke, manifestations also include: aphasia, deviation of eyes and mouth, hemiplegia and a Swollen-Deviated tongue



PHLEGM

2. PHLEGM-HEAT

- ***Clinical manifestations:*** Cough with expectoration of profuse yellow sputum, which may be blood tinged, a feeling of oppression of the chest, dark eye sockets, red cheekbones, red face, thirst, oily skin, breathlessness, chest pain, insomnia, dark urine, a feeling of heat, mental restlessness
- ***Tongue:*** Red-Swollen with sticky yellow coating
- ***Pulse:*** Rapid-Slippery



PHLEGM

3. COLD-PHLEGM

- ***Clinical manifestations:*** Cough with expectoration of watery white sputum, a feeling of cold, cold hands and feet, nausea, vomiting, a feeling of oppression of the chest and epigastrium, dull-white complexion, pale urine
- ***Tongue:*** Pale-Swollen with wet-white coating
- ***Pulse:*** Slippery-Slow



PHLEGM

4. DAMP-PHLEGM

- ***Clinical manifestations:*** Cough with easy expectoration of profuse, sticky white sputum, a feeling of oppression of the chest and epigastrium, breathlessness, rattling sound in the throat, dark eye sockets, sallow-greyish complexion, a feeling of heaviness, tendency to obesity swollen hands and feet, poor appetite, nausea, dizziness, blurred vision, oily skin
- ***Tongue:*** Swollen with sticky coating
- ***Pulse:*** Slippery



PHLEGM

5. DRY-PHLEGM

- ***Clinical manifestations:*** Sputum in the chest that is difficult to expectorate, bouts of dry cough followed by expectoration of sticky sputum, breathlessness, dull-white complexion, dark eye sockets, dry throat, dry nose and lips, dry mouth but no desire to drink
- ***Tongue:*** Swollen with sticky dry coating
- ***Pulse:*** Slippery



PHLEGM

6. QI-PHLEGM

- ***Clinical manifestations:*** A feeling of a lump in the throat, difficulty in swallowing, a feeling of oppression of the chest and diaphragm, mental depression, irritability, nausea, sighing
- ***Pulse:*** Wiry



PHLEGM

7. FOOD-PHLEGM

- ***Clinical manifestations:*** Cough with abundant sputum, nausea, vomiting, sour regurgitation, belching, a feeling of fullness in the epigastrium, a feeling of oppression of the chest and epigastrium, epigastric pain after eating that is better after bowel movement
- ***Tongue:*** Swollen with thick sticky coating
- ***Pulse:*** Slippery



PHLEGM

8. PHLEGM WITH BLOOD STASIS

- ***Clinical manifestations:*** A feeling of oppression of the chest, numbness/tingling of the limbs, pain in the joints, stiffness and rigidity of joints, abdominal masses, fibroids, goiter, mental restlessness, insomnia, dark eye sockets
- ***Tongue:*** Purple-Swollen with sticky coating
- ***Pulse:*** Slippery-Wiry or Slippery-Firm



PHLEGM

9. PHLEGM-FLUIDS

PHLEGM-FLUIDS IN STOMACH AND INTESTINES (TAI YIN)

- ***Clinical manifestations:*** Abdominal fullness and distension, nausea, vomiting of watery fluids, splashing sound in the stomach, dry mouth without a desire to drink, palpitations, shortness of breath, dizziness, a feeling of oppression of the chest, loose stools, loss of weight
- ***Tongue:*** Swollen with sticky coating
- ***Pulse:*** Deep-Wiry or Deep-Slippery



PHLEGM

9. PHLEGM-FLUIDS

PHLEGM-FLUIDS IN THE HYPOCHONDRIUM (XUAN YIN)

- ***Clinical manifestations:*** Hypochondrial pain which is worse on coughing and breathing, a feeling of distension and pulling of the hypochondrium, shortness of breath
- ***Tongue:*** Swollen with sticky coating
- ***Pulse:*** Deep-Slippery-Wiry



PHLEGM

9. PHLEGM-FLUIDS

PHLEGM-FLUIDS IN THE LIMBS (YI YIN)

- ***Clinical manifestations:*** A feeling of heaviness of the body, pain in the muscles, absence of sweating, lack of desire to drink, cough with profuse watery sputum, swelling of the limbs, lethargy, breathlessness
- ***Tongue:*** Swollen with sticky coating
- ***Pulse:*** Wiry-Slippery or Tight-Slippery



PHLEGM

9. PHLEGM-FLUIDS

PHLEGM-FLUIDS ABOVE THE DIAPHRAGM (ZHI YIN)

- ***Clinical manifestations:*** Cough with watery white sputum, breathlessness, swelling of the limbs, dizziness, inability to lie down, swollen face, a feeling of cold
- ***Tongue:*** Swollen with sticky white coating
- ***Pulse:*** Slippery



PHLEGM

10. PHLEGM UNDER THE SKIN

- ***Clinical manifestations:*** Lumps or nodules under the skin, nerve-ganglia swellings, swelling of lymph nodes, swelling of the thyroid, lipoma

R. Bishay



PHLEGM

11. PHLEGM IN THE CHANNELS

- ***Clinical manifestations:*** Numbness/tingling in the limbs
- (seen in Wind-Stroke)

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PHLEGM

12. PHLEGM MISTING THE HEART

- ***Clinical manifestations:*** Inappropriate laughter or crying, dull thinking, hypomania, manic behaviour, manic depression, psychosis

R. Bishay



PHLEGM

13. PHLEGM IN THE JOINTS

- ***Clinical manifestations:*** Swelling and deformities of joints seen in Chronic Painful Obstruction Syndrome (often seen in rheumatoid arthritis)

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PHLEGM

14. PHLEGM IN THE GALL-BLADDER

- ***Clinical manifestations:*** Gall-Bladder stones

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PHLEGM

15. PHLEGM IN THE KIDNEYS

- ***Clinical manifestations:*** Kidney stones

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PHLEGM

16. SHOCK-PHLEGM

- ***Clinical manifestations:*** Pain in the heart region, a feeling of oppression in the chest, anxiety, mental restlessness following a shock
- This pattern is supposed to occur when a severe shock displaces the Spirit from the Heart and its place is taken by Phlegm
- ***Pulse:*** Moving



PHLEGM

17. WIND-PHLEGM

- ***Clinical manifestations:*** Nausea vomiting, a feeling of fullness of the epigastrium, foul breath, a rattling sound in the throat, purple nose, purple complexion, a feeling of oppression of the chest
- This pattern is seen in older people with Phlegm deriving from excessive alcohol consumption
- ***Tongue:*** Reddish-Purple and Swollen with a sticky yellow coating
- ***Pulse:*** Slippery