



DIAGNOSIS OF TCM 2 – DIAG R.BISHAY

SPLEEN

Prof. Dr. R. Bishay (MD, PhD, NFS)

IDENTIFICATION OF PATTERNS ACCORDING TO THE INTERNAL ORGANS

✕ Spleen.

SPLEEN-QI DEF. PATTERNS: 1. SPLEEN-QI DEF.

- ✗ ***Clinical manifestations:*** poor appetite, slight abdominal distension after eating, tiredness, lassitude, pale complexion, weakness of the limbs, **loose stools**, slight depression, tendency to obesity
- ✗ **Tongue:** Pale
- ✗ **Pulse:** Empty
- ✗ **Acupuncture:** Ren12, St36, Sp3, Sp6, BL20, BL21
- ✗ **Prescription:** Si Jun Zi Tang 4 Gentlemen Decoction

SPLEEN-QI DEF. PATTERNS: 2.

SPLEEN-QI DEF. WITH DAMPNESS

- ✗ **Clinical manifestations:** poor appetite, slight abdominal distension after eating, tiredness, lassitude, pale or sallow complexion, weakness of the limbs, **loose stools**, slight depression, tendency to obesity, abdominal fullness, a feeling of **heaviness**, a sticky taste, poor digestion, **undigested food in the stools**, nausea, dull frontal headache, excessive vaginal discharge
- ✗ **Tongue:** Pale with sticky coating
- ✗ **Pulse:** Soggy
- ✗ **Acupuncture:** Ren12, St36, Sp3, Sp6, BL20, BL21, Sp9, BL22, St28
- ✗ **Prescription:** Si Jun Zi Tang 4 Gentlemen Decoction plus Yi Yi Ren Semen Coicls lachryma jobi, Shi Pi Yin Bolster the Spleen Decoction

SPLEEN-QI DEF. PATTERNS: 3.

SPLEEN-QI DEF. WITH PHLEGM

- ✗ **Clinical manifestations:** nausea, vomiting of watery fluids, a feeling of oppression of the chest and epigastrium, tiredness, **poor appetite**, a feeling of heaviness, weak limbs, **loose stools**, dull-pale complexion, **cold limbs**
- ✗ **Tongue:** Pale, Swollen with sticky coating
- ✗ **Pulse:** Soggy or Weak and slightly Slippery
- ✗ **Acupuncture:** Ren12, Ren9, St36, Sp9, St40, BL20, BL22
- ✗ **Prescription:** Liu Jun Zi Tang 4 Gentlemen Decoction plus Er Chen Tang 2 Old Decoction

SPLEEN-YANG DEF.

- ✗ **Clinical manifestations:** poor appetite, slight abdominal distension after eating, tiredness, lassitude, pale complexion, weakness of the limbs, **loose stools**, slight depression, tendency to obesity, a feeling of cold, *cold limbs*, edema
- ✗ **Tongue:** Pale and Wet
- ✗ **Pulse:** Deep-Weak
- ✗ **Acupuncture:** Ren12, St36, Sp3, Sp6, BL20, BL21, Sp9, Ren9, BL22, St28, Ren11, St22, Moxa is applicable
- ✗ **Prescription:** Li Zhong Tang Regulating the Centre Decoction

SPLEEN-BLOOD DEF.

- ✗ **Clinical manifestations:** poor appetite, slight abdominal distension after eating, tiredness, lassitude, dull-pale complexion, weakness of the limbs, **loose stools**, depression, thin body, scanty periods or amenorrhoea, insomnia, joint ache
- ✗ **Tongue:** Pale and Thin
- ✗ **Pulse:** Choppy or Fine
- ✗ **Acupuncture:** Ren12, St36, Sp3, Sp6, BL20, BL21, Ren4, BL17(with direct moxa)
- ✗ **Prescription:** Gui Pi Tang Tonifying the Spleen Decoction

SPLEN-QI SINKING

- ✗ **Clinical manifestations:** poor appetite, slight abdominal distension after eating, tiredness, lassitude, pale complexion, weakness of the limbs, **loose stools**, depression, tendency to obesity, a bearing-down sensation in the abdomen, **prolapse** of the stomach, uterus, anus or bladder, frequency and urgency of urination
- ✗ **Tongue:** Pale
- ✗ **Pulse:** Weak
- ✗ **Acupuncture:** Ren12, St36, Sp3, Sp6, BL20, BL21, Du20, Ren6, St21, Du1, Moxa is applicable
- ✗ **Prescription:** Bu Zhong Yi Qi Tang Tonifying the Centre and Benefiting Qi Decoction

SPLEEN NOT CONTROLLING BLOOD

- ✗ **Clinical manifestations:** poor appetite, slight abdominal distension after eating, tiredness, lassitude, pale complexion, weakness of the limbs, **loose stools**, depression, tendency to obesity, blood spots under the skin, blood in the urine or stools, excessive uterine bleeding, sallow complexion
- ✗ **Tongue:** Pale
- ✗ **Pulse:** Weak or Fine
- ✗ **Acupuncture:** Ren12, St36, Sp3, Sp6, BL20, BL21, Du20, Ren6, BL17, Sp10, Sp1
- ✗ **Prescription:** Gui Pi Tang Tonifying the Spleen Decoction

SPLEEN-YIN DEF. PATTERNS: 1. SPLEEN-YIN DEF.

- ✗ **Clinical manifestations:** poor appetite, poor digestion, retching, gnawing hunger, loss of sense of taste, slight epigastric pain, dry mouth, dry lips, dry stools, thin body, night sweating, sallow complexion with **possibly red tip of the nose**
- ✗ **Tongue:** without coating, transversal cracks on the sides
- ✗ **Pulse:** Weak or Floating-Empty
- ✗ **Acupuncture:** St36, Ren12, Sp6
- ✗ **Prescription:** Ma Zi Ren Wan Cannabis Pill, Wu Ren Wan 5-seed Pill, Shen Ling Bai Zhu San Ginseng-Poria-Atractylodes Powder

SPLEEN-YIN DEF. PATTERNS:

2. SPLEEN-YIN DEF. WITH EMPTY-HEAT

- ✗ **Clinical manifestations:** poor appetite, poor digestion, retching, **gnawing hunger**, loss of sense of taste, slight epigastric pain, dry mouth, dry lips, **dry stools**, thin body, night sweating, sallow complexion with possibly red tip of the nose, malar flush, *a feeling of heat in the evening, night sweating*
- ✗ **Tongue:** Red without coating, transversal cracks on the sides
- ✗ **Pulse:** Floating-Empty and Rapid
- ✗ **Acupuncture:** St36, Ren12, Sp6
- ✗ **Prescription:** Ma Zi Ren Wan Cannabis Pill, Wu Ren Wan 5-seed Pill, Shen Ling Bai Zhu San Ginseng-Poria-Atractylodes Powder plus Zhi Mu Radix Anemarrhenae asphodeloidis

COLD-DAMPNESS IN THE SPLEEN

- ✗ ***Clinical manifestations:*** poor appetite, a feeling of fullness of the epigastrium/abdomen, a feeling of cold in the epigastrium which improves with the application of heat, a feeling of heaviness of the head and body, a sweetish taste or absence of taste, absence of thirst, **loose stools**, lassitude, tiredness, nausea, edema, dull-white complexion, *excessive white vaginal discharge*

COLD-DAMPNESS IN THE SPLEEN 2

- ✖ **Tongue:** Pale with a sticky white coating
- ✖ **Pulse:** Slippery-Slow
- ✖ **Acupuncture:** Sp9, Sp6, Ren12, Sp3, St8, BL22, BL20, Ren9, Ren11, St22, St28
- ✖ **Prescription:** Ping Wei San Balancing the Stomach Powder

DAMP-HEAT IN THE SPLEEN 1

- ✗ ***Clinical manifestations:*** a feeling of fullness of the epigastrium/lower abdomen, epigastric/abdominal pain, poor appetite, a feeling of heaviness, thirst without a desire to drink, nausea, vomiting, **loose stools with an offensive odour**, burning sensation in the anus, a feeling of heat, scanty dark urine, low-grade fever, dull headache with a feeling of heaviness of the head, dull-yellow complexion like tangerine peel, oily sweat, bitter taste, itchy skin or skin eruptions(papules or vesicles),

DAMP-HEAT IN THE SPLEEN 2

- ✗ **Tongue:** Red with sticky yellow coating
- ✗ **Pulse:** Slippery-Rapid
- ✗ **Acupuncture:** Sp9, Sp6, Du9, Li11, BL20, Gb34, Ren9, Ren11, St22, St28, BL22
- ✗ **Prescription:** Lian Po Yin Coptis-Magnolia Decoction

SPLEEN-HEAT

- ✗ **Clinical manifestations:** burning epigastric/abdominal pain, **excessive hunger**, **red tip of the nose**, dry lips, mouth ulcers, thirst, dry stools, a feeling of heat, scanty dark urine, yellow complexion
- ✗ **Tongue:** Red with dry yellow coating
- ✗ **Pulse:** Overflowing-Rapid
- ✗ **Acupuncture:** Sp9, Sp6, Sp2, Li11, St44, Ren11, BL20
- ✗ **Prescription:** Xie Huang San Draining the Yellow Powder

PHLEGM OBSTRUCTING THE MIDDLE BURNER

- ✗ ***Clinical manifestations:*** a feeling of oppression of the chest and epigastrium, **poor appetite**, sour regurgitation, nausea, vomiting, gnawing hunger, dizziness, a feeling of heaviness, **loose stools**
- ✗ **Tongue:** Swollen with a thick sticky coating in the centre
- ✗ **Pulse:** Slippery on the right Middle position
- ✗ **Acupuncture:** Ren10, St21, Ren9, St22, St40, Sp9
- ✗ **Prescription:** Er Chen Tang 2 Old Decoction

YIN FIRE FROM DEF. OF THE ST AND SP AND ORIGINAL QI

- ✗ ***Clinical manifestations:*** tiredness, a feeling of heat in the face but a feeling of cold in general, alternating feelings of heat and cold, dry mouth, dry lips, thirst, a feeling as if coming down with a cold, **mouth ulcers**, insomnia, **poor appetite**, **loose stools**, weak limbs
- ✗ **Tongue:** Pale
- ✗ **Pulse:** Empty or slightly Overflowing but Empty
- ✗ **Acupuncture:** Ren4(moxa is applicable), Ren12, St36, Sp6, Tb5, BL20, BL21, P6
- ✗ **Prescription:** Bu Zhong Yi Qi Tang Tonifying the Centre and Benefiting Qi Decoction

COMBINED PATTERN: SP- AND HE-BLOOD DEF.

- ✗ **Clinical manifestations:** palpitations, dizziness, insomnia, dream-disturbed sleep, poor memory, tendency to be easily startled, dull-pale complexion, pale lips, tiredness, weak muscles, loose stools, poor appetite, scanty periods
- ✗ **Tongue:** Pale and Thin
- ✗ **Pulse:** Choppy or Fine
- ✗ **Acupuncture:** He7, P6, Ren14, Ren15, Ren4, BL17(moxa), BL20, Ren12, St36, Sp6
- ✗ **Prescription:** Gui Pi Tang Tonifying the Spleen Decoction