

督灸

Du Meridian Moxibustion

陳書帆

Du Meridian Moxibustion

- Patient lying on the table facing down
- Moxa patient along du meridian

R. Bishay

Indications

- Suitable for all chronic Deficiency diseases such as arthralgia (rheumatoid arthritis, rheumatoid arthritis, ankylosing spondylitis), back pain (lumbar, thoracic, etc.
- In the cervical bone hyperplasia and lumbar muscle strain, etc.
- Asthma (chronic bronchitis, rhinitis, bronchial asthma, emphysema, etc.
- Consumptive Phlegm (persistent hepatitis, hepatitis B, neurosis, etc.
- Chronic gastrointestinal disorders, postpartum chills like.
- Governor moxibustion therapy once a week, four times for one course on days of the hottest day for better result.



- After disinfection at the treatment site
- Smear ginger, then apply powder on DU meridian treatment site,
- After covering Mulberry skin paper on it, and then ginger paste on it.



- Finally place moxa on the ginger paste,
- Then ignited moxa column next three,
- After three consecutive moxibustion ginger paste and ash remove





Bishay



- **After 4-6 hours, it will blister.**
- **Next cover the blister with sterile gauze and topical antibiotic.**
- **Moxibustion scab usually 3-5 days will fall off.**



Caution

- Diabetes,
- High blood pressure
- In patients with heart disease,
- High fever patients,
- Patients with bleeding disorders should not do Du moxibustion therapy.
- Patients with serious diseases in the past should not do moxa.

桑皮紙 Mulberry Skin Paper







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